

Getting to know you...

Kerry Montague



Kerry Montague is a shop assistant at Sainsbury's Stratton St. Margaret who has recently celebrated 15 years working for the store. Kerry started working at Sainsbury' part time when she was 19.

Kerry who is 34 years old and has Down's syndrome tells us all about what she does...

What is your job at Sainsbury's?

I work on the shop floor in the Grocery department. I collect all the cardboard and dress the shelves so you can see the items out of stock . I also put items on the shelves . I help customers to find things in the aisles, and help them when they ask for things.

How many hours do you work in a week?

I work 16 hours a week which is made up of four shifts of four hours. I am part time.



“I wanted to be independent and show I can do things for myself.”

What is your favourite part of your job?

Doing the cardboard disposal, being part of a team and sorting the shelves.

What made you want to get a job?

I wanted to be independent and show I can do things for myself.

What do you like to do in your spare time?

I like going out socially and seeing friends and having coffee and lunches with Mum and the family. I like doing crochet and watching the soaps on TV.

I also like being active and feeling good. I enjoy doing workouts and swimming at the gym I'm a member of. I go to slimming world every Tuesday evening. I love being an Auntie to Greyson, he is nearly two years old.

Thank you to Kerry and her mum Jacqui for allowing us to interview them.

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www.swindondownsgroup.org.uk/adulthood



Kerry's mum Jacqui talks of Kerry's achievements...

I feel work has benefited Kerry in so many ways. Mainly given her total independence she feels the same as everyone else going to work doing a job she loves, she's happy doing various tasks she loves the customers and has a good team to support her.

She has learnt a lot, loves to do her best and get praise for doing well.

She has a lot of friends and goes to all the functions with the team.

I know for the last 15 years she has been in the best work place. She's proud to wear her uniform and be part of a team. This has helped develop her into the woman she is today! We are all so immensely proud of all her achievements.

Read more about our adults with Down's syndrome at www.swindondownsgroup.org.uk

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